

## EVIDENCE-BASED PROGRAMS for CHILDREN, YOUTH & FAMILIES

2014 Fourth Annual DC Summit

### WORKSHOP SPEAKER BIOSKETCHES

#### SHANA BELLOW, PH.D.

Shana M. Bellow, Ph.D., a child clinical psychologist, is currently a supervisory clinical psychologist with the District of Columbia Government, Department of Behavioral Health, School Mental Health and Healthy Futures programs. In this role she provides supervisory and administrative oversight to a team of eleven psychologists, social workers, and early childhood mental health specialists. She also serves in a program management capacity for the District of Columbia Government's first early childhood mental health consultation program, Healthy Futures. Dr. Bellow has a fourteen year tenure working in infant and early childhood mental health stemming from her predoctoral internship with the Tulane University School of Medicine's Infant Team. After completing a fellowship in pediatric psychology at the Cleveland Clinic Foundation's Children's Hospital, she returned to Tulane University as an assistant professor of psychiatry to lead an infant mental health clinic initiative within an Orleans Parish public health clinic. Dr. Bellow also served as the first program coordinator for the Orleans Parish Early Childhood Supports and Services (ECSS), a statewide early intervention and prevention program in Louisiana focusing on young child social and emotional health. She has co-authored several publications on early childhood mental health, particularly focusing on trauma and the early child-caregiver relationship.

Dr. Bellow received undergraduate degrees in psychology and African American Studies from Washington University in St. Louis. She received her Master's and doctoral degree in clinical psychology from the University of Cincinnati.

#### ADAM BROWN Psy.D.

Adam Brown, Psy. D. is a clinical psychologist licensed and has been practicing in the state of New York for fifteen years. In addition to private practice, Dr. Brown has overseen programs for youth in inpatient, day treatment and residential settings. He is currently a Clinical Assistant Professor at the NYU Child Study Center, where he provides training, consultation and technical assistance to organizations implementing TST. Dr. Brown was previously the coordinator of Trauma Systems Therapy and Positive Behavior Interventions and Supports at The Children's Village, a residential center in Westchester County, N.Y. Dr. Brown has extensive training and expertise in the area of assessing and treating interpersonal trauma in children and adolescents.

He also has specialized training and expertise to include evidenced-based, trauma-informed practices, including Trauma Systems Therapy, Trauma-Focused Cognitive Behavioral Therapy, the Sanctuary Model, Positive Behavior Interventions and Support, and Parent-Child Interaction Therapy.

#### KATHLEEN CONNORS, LCSW-C

Kay Connors, LCSW-C, is the Program Director of the Taghi Modarressi Center for Infant Study/Secure Starts and Project Director of the FITT Center at the University of Maryland, Baltimore, School of Medicine, Department of Psychiatry. Ms. Connors has over 20 years of experience as a clinical social worker working with traumatized children and their families. Ms. Connors has provided mental health treatment to children and families in a variety of settings, including hospital, residential treatment, private practice and clinic, home, school-based programs. Her work has largely focused on the impact and recovery from trauma and family violence. She has extensive expertise in working with both legal and social service agencies and currently facilitates the Maryland Early Childhood Mental Health Steering Committee. Ms. Connors served as the Program Director for the University of Maryland's Center for Families Care Clinic, a grant funded program for maltreated children and their families, and she was a senior managing clinician at the Kennedy Krieger Family Center and the Program Director at Hopewell Cancer Support Program. Ms. Connors has also contributed to the scientific literature in child maltreatment serving as co-author on several peer-reviewed publications as well as co-authoring three chapters on group therapy with traumatized children. She has been trained in evidenced-based trauma treatments for children and preschoolers.

#### LEILA ZUREIQI CONNOR, LPC

Leila Zureiqi Connor, LPC has a decade of experience working with adolescents and adults within the mental health and criminal justice systems. Mrs. Connor has extensive training and experience in implementing evidence-based treatments within both school and community settings. Mrs. Connor specializes in developing and facilitating therapeutic as well as psycho-educational groups in domains to include but not limited to: Substance Abuse; Symptom Identification/Management; Healthy Relationships; Mood Management; Communication; Health and Nutrition. Mrs. Connor has dedicated her career to guiding,

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supporting, and empowering adolescents and their families. She is presently the Supervisor for NAFI's Multisystemic Therapy for Emerging Adults (MST-EA) program. In this role she provides the expert clinical guidance and quality assurance monitoring for therapists and coaches.

#### **TALEISHA ELLERBE, LPC**

Taleisha Ellerbe is a Licensed Professional Counselor, having earned her Master's of Arts in Psychology and Counseling from Regent University. She started her career in mental health in a residential facility in Montgomery County Maryland in 2002. Since that time, Ms. Ellerbe has held positions in community support, CBI and Functional Family Therapy. Currently Ms. Ellerbe is the CBI clinical manager supervising and providing direct care to youth who qualify for intensive outpatient care at Hillcrest Children and Family Center. Her most noted role is within Functional Family Therapy as a site supervisor, a position which she has held successfully for 3 years. Ms. Ellerbe is a Washington, D.C. native and a graduate from Morgan State University with a Bachelor of Science in Psychology.

#### **J'WAN GRIFFIN, LICSW**

J'Wan S. Griffin, LICSW is a Licensed Independent Clinical Social Worker in the District of Columbia and is currently the Program Manager for the District of Columbia Government, Department of Behavioral Health, School Mental Health Program, School Primary Project. Since 2010, she has provided ongoing supervision, training, and administrative guidance and support to a team of 12 to 21 Child Associates who are trained paraprofessionals that provide one-to-one, non-directive play sessions to pre-kindergarten thru 3rd-grade children screening positive for this early intervention/prevention service. She has over 30 years of clinical experience in the assessment and provision of case management, counseling, and therapy services to at-risk children and their families, generally in psychiatric settings. She also has over 20 years of administrative practice, and has provided consultation services to other agencies within the District of Columbia.

Ms. Griffin received her Bachelor of Science degree with majors in psychology and speech communications from the University of Pittsburgh in Pennsylvania. She received her Master's of Social

Work Degree with a concentration in Clinical Social Work from the National Catholic School of Social Service at Catholic University in the District of Columbia.

#### **BRENDALAN JACKSON, MSW**

Brendalan Jackson, MSW, currently serves as the Site Supervisor, Functional Family Therapy for the Parent and Adolescent Support Services (PASS) program in the DC Department of Human Services, an initiative aimed at reducing status offender behaviors. Overseeing a team of six home-based Functional Family therapists, Brendalan ensures a seamless behavioral health services delivery for the only status offender diversion program in the District of Columbia.

A well-seasoned professional with over 12 years spent providing family-driven, youth guided care, and access to meaningful youth educational programs, Ms. Jackson has demonstrated a steadfast commitment to providing services and hope for those in need. During her tenure in the social work field, working diligently to improve family life functioning, Ms. Jackson has served in various capacities, such as: Functional Family Therapist at PASS, case manager and therapist at Core Service Agencies, consumer rescue specialist at National Community Reinvestment Coalition (NCRC), and a social services representative for the D.C. Government.

Ms. Jackson has received her Masters degree in Social Work from Howard University and her Bachelor degree in Family Studies from the University of Maryland.

#### **KIMBERLY A. JOHNSON, MBA**

Kimberly Anita Johnson, MBA, is a passionate, servant-leader, who distinguishes herself as an expert speaker. After reading about a child sex trafficking ring in 2000, an outraged and determined Ms. Johnson has made great strides to become one of the nation's few leading authorities on this issue.

She has collaborated with local and national advocacy organizations by coordinating the first state-wide victim's referral protocol in Georgia. She worked with law enforcement, juvenile justice, families, social services agencies and NGOs on a multi-disciplinary system of care team which customized treatment plans

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for trafficking victims. She also joined advocacy efforts which resulted in Georgia House Bill 200 being signed into legislation, a law which increases protection for victims and penalties for exploiters. She holds trainer certifications in child sexual abuse and commercial sexual exploitation of children (CSEC) and also helped to develop CSEC curriculum for the Georgia Department of Education. An award-winning news media producer, Ms. Johnson has worked with survivors and trained hundreds of professionals and private citizens on trafficking issues.

Currently, Ms. Johnson is a project manager for the D.C. Department of Behavioral Health, responsible for creating tools and resources which increase access to services for District youth. She also holds degrees in English, Theology and Marketing.

#### **JESSICA LERTORA, LCSW-C**

Jessica Lertora, LCSW-C, serves as the Lead Counselor at the University of Maryland's Center for Infant Study: Secure Starts program, where she provides outpatient mental health treatment for young children under the age of six and their families with emotional and behavioral concerns. In addition, Ms. Lertora provides reflective supervision to clinical staff and participates in various training efforts teaching a range of professionals and trainees about early childhood mental health related topics. Ms. Lertora is an endorsed National CPP trainer through the University of California-San Francisco.

#### **MARGARET McALISTER, PHR**

Margaret McAlister, PHR, is the Human Resources Specialist for Evidence-Based Associates. She has 20+ years of Human Resources experience ranging from managing Human Resources for mid-sized corporations to start-ups. Since joining EBA in August 2010, McAlister has worked with provider agencies in Florida, Georgia, and Washington, D.C. to reduce therapist turnover by more than 50%, and has co-written six (6) model-specific EBA Best Practices Hiring Manuals. Ms. McAlister resides in Homestead, Florida where she enjoys her volunteer work as facilitator of the Miami PFLAG Chapter, working with GLBTQ youth, serving on her Unitarian Universalist Congregation of Miami's Board of Trustees, and completing half marathons.

#### **ELIJAH MCCAULEY, MA, CRC**

Elijah McCauley, MA, CRC, is the lead Clinical Training Specialist at Stars Behavioral Health Group. He is a dynamic Clinical Trainer with 17 years experience in training and delivering therapeutic group services to youth with Emotional & Behavioral Difficulties (EBD). His expertise lies in Evidence-Based Practice implementation and effective methods for dealing with difficult and resistant youth with EBD. He currently holds an M.A. in Health Science-Rehabilitation Psychology.

Mr. McCauley holds certifications as a Certified Rehabilitation Counselor (CRCC), Certified Trainer of Aggression Replacement Training/ TPS (CA Institute of Mental health), Certified Trainer of Structured Psychotherapy for Adolescence Responding to Chronic Stress (North Shore Jewish Hospital), and Certified Transition to Independence Process (TIP) Model Implementation Consultant.

#### **HELEN M. MIDOUHAS, M.S. ED., LPC, N.C.C.**

Helen M. Midouhas, M.S. Ed., L.P.C., N.C.C., FFT National Trainer, Site Certification Specialist, FFT CM Consultant, has been involved with FFT since 2002 in different capacities, all of which make her work exciting and challenging. Her interest is in the implementation of FFT and in larger system development. She is both a Nationally Certified Counselor and a PA Licensed Professional Counselor. Ms. Midouhas hold a Master's degree in School and Community Psychology from the University of Pennsylvania. Prior to FFT she worked in roles involving administration, program implementation and clinical supervision.

#### **ANGELE MOSS-BAKER, MA, LPC, LMFT, DCMHS**

Angele Moss-Baker, MA, LPC, LMFT, DCMHS, is a licensed mental health professional with a specialty in substance abuse and co-occurring disorders. Ms. Moss-Baker has over 30 years of specialized experience providing mental health and substance abuse treatment services to diverse populations. Ms. Moss-Baker serves as the co-occurring training coordinator for the D.C. Department of Behavioral Health and is dedicated to increasing competency to both addiction and mental health providers serving individuals with co-occurring substance use disorders. Her professional experience includes 10 years of managing a private

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practice, the Comprehensive Addiction & Psychological Services, LLC.

She provides counseling and therapeutic treatment services for youth and adults. A skilled motivational interventionist, Ms. Moss-Baker, is competent in conducting psychological assessments, conducting individual and group therapy, couples and family therapy, and supportive EAP counseling for mental health and substance abuse disorders. Ms. Moss-Baker led a two-hour educational session at 2012 American Mental Health Counseling Association (AMHCA) Conference in Orlando, Florida; and the 2011 AMHCA San Francisco, California.

#### **RICHARD J. MUNSCHY, Psy.D.**

Richard J. Munsch, Psy.D. is a licensed Psychologist with over 30 years of experience holding various positions in the mental health and education fields. He has extensive experience and training working with clients from a broad developmental range (age 4 to 90), a wide spectrum of presenting issues/pathology ("v" codes to the severe and persistently mentally ill), within diverse treatment settings (in-patient, outpatient, partial hospitalization program), and has utilized numerous treatment modalities (individual, group, family, marital, milieu, experiential, and play therapy). Dr. Munsch is skilled at making assessments, Psychological evaluations, and has strong treatment planning skills. His extensive administration track record includes being a program director of a 101 bed JCAHO/HCEFA certified behavioral health in-patient facility treating substance abuse/dependence and dual diagnoses, a director of mental health services in a community health center, a program coordinator of a highly successful adolescent partial hospitalization program, and a clinical staff manager of a consultation company disseminating a state-of-the-art treatment model (MST). He has taught on the graduate level and has conducted extensive national/international training consultation in Multi-systemic Therapy.

#### **BARBARA PARKS, LICSW**

Barbara Parks, LICSW, is currently the Clinical Program Administrator for the Prevention and Early Intervention Programs for the D.C. Department of Behavioral Health. She is responsible for the administration of the School Mental Health Program, currently serving 71 District of Columbia Schools, Healthy Futures,

an early childhood mental health consultation project in 25 Child Development Centers and Primary Project early intervention program in 54 early learning sites. Barbara has been with the Department of Behavioral Health since 2004, working previously as a Supervisor and Program Manager for the School Based Mental Health Program. She has worked in both the substance abuse and mental health fields for over 27 years providing direct services to children, adolescents and their families, including private practice work. Barbara has held previous senior leadership positions as a site director for Family Services in NW Ohio and as the Program Director of the mental health unit at a non-profit organization in Washington, D.C. prior to joining the Department of Behavioral Health.

Barbara is a Licensed Independent Social Worker in the District, and an LCSW in Maryland. Barbara received her Bachelor's degree from Bowling Green State University in Child and Family Community Services and her Master's degree in Social Science Administration from Case Western Reserve University in Cleveland, Ohio. Barbara has presented at numerous national conferences on the Healthy Futures early childhood mental health consultation program, Primary Project, an early intervention program and school mental health. She has provided numerous additional trainings and workshops for educators, clinicians, and community based providers.

#### **CHRISTOPHER T. RACZYNSKI, PH.D.**

Christopher T. Raczynski, Ph.D. joined DBH as the Associate Chief Clinical Officer in July of 2011. In this position he is responsible for the clinical oversight of public sector mental health services for children and youth in the District. Dr. Raczynski is a board-certified Child & Adolescent and Forensic Psychiatrist. He completed his medical training in Ireland, earning an honors degree from the University College Dublin School of Medicine. After, returning to the U.S. to for an internship at Georgetown University Hospital, Dr. Raczynski went on to complete his psychiatric training at Yale. In addition to his administrative work at DBH, Dr. Raczynski is an Assistance Professor of Psychiatry at both Georgetown and George Washington University Hospitals, where he teaches on matters related to juvenile justice and pediatric psychopharmacology.

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#### **JENNIFER SMITH RAMEY, M.S., ED.S.**

Jennifer Ramey Smith earned her M.S./Ed.S. degrees from the University of North Carolina at Greensboro in Counselor Education in 1996. She has been a Licensed Professional Counselor since 1999. She has worked with a variety of populations including adults with severe and persistent mental illness and adolescents with co-occurring mental health and substance abuse disorders. She is a certified G.A.I.N (Global Appraisal of Individual Need) local trainer, a certified MET/CBT (Motivational Enhancement Therapy/Cognitive Behavioral Therapy) supervisor and therapist, and a certified A-CRA (Adolescent Community Reinforcement Approach) supervisor and therapist. She has been trained in DBT (Dialectical Behavior Therapy) for adolescents, Attachment-Based Family Therapy (ABFT), Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), and she is a forensic evaluator for the Commonwealth of Virginia.

Ms. Ramey has worked on two Targeted Capacity Expansion SAMHSA grants (MET/CBT/FSN and A-CRA/ACC) as Clinical Supervisor and Principal Investigator (A-CRA/ACC). Ms. Ramey is the Program Manager for the Substance Abuse/Co-Occurring Program at Horizon Behavioral Health Child and Family Department. In 2009, the A-CRA/ACC program at Horizon won a national SAMHSA Science to Service award. In 2010, Horizon received the Evidence-Based Practice Program award at the Joint Meeting of Adolescent Treatment Effectiveness (JMATE). She presented at the 2012 JMATE national meeting on sustaining evidence-based programming. Ms. Ramey is also a consultant/trainer for Chestnut Health Systems and has provided training in the United States (NY, NC, IL, VA, MA, FL, WV) and abroad (Australia).

#### **SUSAN M. SABIN, PH.D.**

Susan M. Sabin, Ph.D. has been a Licensed Psychologist in the Commonwealth of Pennsylvania for over 27 years. She received her doctorate in clinical psychology at Temple University and did her internship training at the Philadelphia Child Guidance Clinic.

Since 2003, Dr. Sabin has worked directly with Dr. Kay Hodges, the author of the Child and Adolescent Functional Assessment Scale (CAFAS), a multi-dimensional measure of level of func-

tioning, to train mental health professionals around the US and Canada in the reliable use of the scale.

She also has her own private practice and consults with community agencies; supervising, training and performing psychological evaluations of children. She was a Senior Trainer for the Pennsylvania CASSP Training and Technical Institute for many years. Her presentations of CASSP curriculum included the CAFAS, Family Therapy, Psychological Report Writing, Ethics, Strength-based Assessments and Developmental Perspectives. She has worked extensively in Outpatient, Wraparound and Residential settings for children, serving as the Clinical Director of Northwestern Human Services Children and Adolescent Residential Programs in Philadelphia and as the Director of Residential Services at Wordsworth Residential Treatment Program in Fort Washington, PA.

#### **STEPHANIE SANDERS, MA, LPC**

Stephanie, Sanders, MA, LPC, is a native Washingtonian who found her life's passion to help others while working for 15 years as a Certified Nurse Assistant and 6 years in the counseling field. Currently, she is a Licensed Professional Counselor and a Clinical Supervisor for the Functional Family Therapy program at First Home Care, the largest core agency for children and adolescents in the D.C. area. Over the past 6 years, she has worked with at-risk youth ages 10-18yrs and their families providing family therapy to address mental health challenges, relational and behavioral patterns, as well as every day life barriers. She is also a Certified Sex Therapist and a consultant for Enhance Your Life, LLC. Ms. Sanders hold as B.S. in Zoology/Pre-Med from North Carolina State University and a M.A. in Counseling Psychology from Bowie State University.

#### **BOB SAYLES**

Bob Sayles has over 20 years experience in the financial and data management fields. Mr. Sayles has worked with EBA in various capacities for 8 years. He graduated from the University of Notre Dame with a BA in accounting and Regis University with an MBA in Business Administration. I have worked for multiple companies in and out of the human service industry developing common themes of accountability and understanding through data sharing.



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#### **ASHLI J. SHEIDOW, PH.D.**

Ashli J. Sheidow, Ph.D., is a Senior Research Scientist at the Oregon Social Learning Center. She recently was Professor in the Department of Psychiatry and Behavioral Sciences (Family Services Research Center) and the Department of Pediatrics, Medical University of South Carolina. She received her Ph.D. in 2001 in clinical psychology from the University of Illinois at Chicago, conducting research at the Institute for Juvenile Research and receiving clinical training in Cook County Hospital's adolescent division. Dr. Sheidow's research interests have focused broadly on the development, prevention, and treatment of adolescent and young adult psychopathology and delinquency from an ecological perspective, with concentrations in co-occurring disorders, effective dissemination of evidence-based practices, and advanced quantitative methods.

Her work, funded primarily by NIDA and NIMH, has included intervention development and evaluation projects, as well as dissemination and implementation research. She has been NIDA-funded since 2003 for her work developing and evaluating an ecological clinic-based treatment for youth diagnosed with comorbid substance use and mental health disorders, and she has led development of a Multi-systemic Therapy adaptation for justice-involved emerging adults with serious mental health conditions. In addition, Dr. Sheidow has collaborated on a variety of other treatment development, quantitative, and economic evaluation projects for federally-funded studies of evidence-based practices, as well as projects on training therapists in youth substance abuse interventions. She is on the editorial boards of the Journal of Child and Adolescent Substance Abuse and the Journal of Behavioral Health Services Research, and she has led programming for national conferences on adolescent substance abuse research.